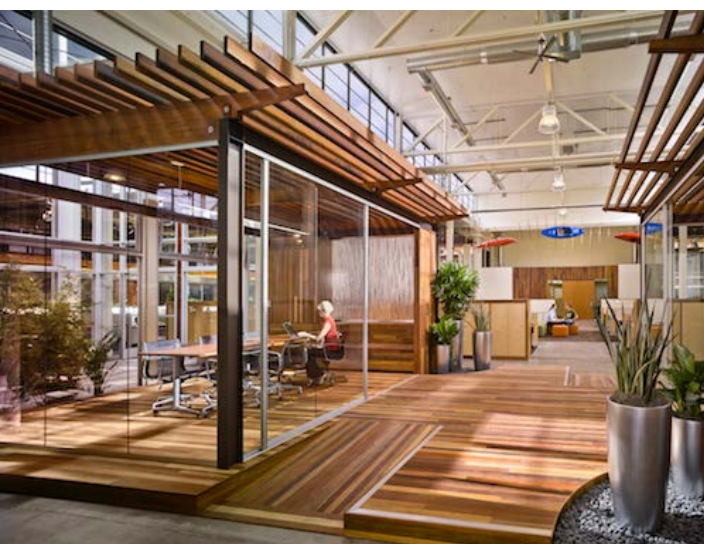


Industry Trend: **Designing for Personal Well-Being**



Natural Elements like Reclaimed Wood **Make Us Happy**



Incorporating natural sunlight, plants, water and **natural elements like wood**, as well as garden and nature views, contribute to overall occupant well-being. There's an official name for it all – **Biophilic Design**. We're excited about the industry trend to **design for physical and emotional well-being**.

The average person spends 90% of their time indoors. Humans have a natural desire to **connect with nature**. When nature and **natural elements** are brought indoors, they have been shown to speed illness recovery times; reduce stress; enhance learning; encourage social activity; promote healthy eating; and improve worker productivity, engagement and absenteeism. We at TerraMai would be honored to discuss and contribute to your biophilic design plans to create opportunities that facilitate **positive health behaviors**. You know, **happiness**.

[Contact TerraMai](#)

Choose a [Library Box](#) and [Order Samples](#) through our eStore - Or, send us a note using the [Contact Button](#). Library Boxes and Samples are free. Create an account on the eStore and input coupon code **AD-FREESAMPLES** at checkout. Specify that you are an Architect/Designer or GC/Sub when creating your account and all future samples will checkout at no charge.

RECLAIMED WOODS FROM **AROUND** THE WORLD